

RESOURCES

Each Student should have a current copy of “The Racing Rules of Sailing 2005 – 2008” and wear proper sailing attire including *boat shoes*.



References:

- Dave Perry – “Understanding the Racing Rules of Sailing Through 2008” (Includes: R.R.S. 2005-2008).
- North U., Bill Gladstone – “Performance Racing Tactics.”
- North U., Bill Gladstone – “Racing Trim.”
- David Dellenbaugh – “Speed Smarts.”
- CHNYC Notice of Race. *
- CHNYC Sailing Instructions.*

* Available at the CHNYC Website.

“To promote instruction and training in the skills necessary for the safe enjoyment of recreational and competitive boating and sailing.” – CHNYC By-laws

CHNYC RACING SCHEDULE

- May thru October – Wednesday Night Fleet Racing.
- 25 May thru 3 August – Summer Series Racing. *Start West of CHI at 1730 (No race 7 July).*
- 6 August – George Winslow Memorial Regatta.
- 10 August thru 5 October Fall Series Racing. *Start West of CHI at 1710.*
- 20-21 August – Surface Navy Association Regatta.
- 24-25 September – 10th Annual RI Special Olympics Regatta.
- 7 October – NWC Presidents Cup.
- Early November – Awards Banquet & New Officers Elections.



Coasters Harbor Navy Yacht Club

PO Box 3236
Broadway Station
Newport, RI 02840

WEB: www.nwc.navy.mil/chnyc

COASTERS HARBOR NAVY YACHT CLUB

Racing Qualification Seminars 2005

Ground School

23, 24, 26 May
20, 21, 23 June
25, 26, 28 July
15, 16, 18 August
19, 20, 22 September

Spinnaker

28 May
25 June
30 July
20 August
24 September



Ground School will be held at Bldg 18 Classroom from 1700 to 1900 on Monday, Tuesday and Thursday evenings. Participants are encouraged to participate in the Wednesday racing as crew or race committee during training. Spinnaker Qualification will be at the Marina on Saturday at 1400.

- ☞ Be an authorized MWR Patron.
- ☞ R-19 Skipper Qualification.
- ☞ Participants are also responsible for all boat rental expenses such as Spinnaker Qualification on Saturday afternoon.

- ☞ Free to CHNYC Members.
- ☞ A \$25.00 fee will be charged to all non-members and can be applied to your CHNYC membership. *
- ☞ Payment is due at the first session.
- ☞ Make checks payable to CHNYC.
- ☞ Cash will not be accepted.
- ☞ Fill out the Short Registration Form and bring it with you to the Seminar.

- ☒ Strategy VS. Tactics: Boat Handling and Speed
- ☒ CHNYC Notice of Race
- ☒ CHNYC Sailing Instructions
- ☒ Flags, Pennants & Shapes, Signals, Sound and Visual
- ☒ Racing Preparations: Getting Ready & Planning
- ☒ Reading the Course & Racing Chart
- ☒ Course Geometry, Currents & Local Knowledge
- ☒ Rules at Starts: Luffing & Barging
- ☒ The Five-Minute Starting Sequence
- ☒ Upwind: Tactics & Rules
- ☒ When Boats Meet: Tactics & Rules
- ☒ Running: Tactics & Rules
- ☒ Mark Roundings & Finishes
- ☒ Racing Participation
- ☒ Racing Lessons Learned
- ☒ Protest: Rules & Procedures
- ☒ Spinnaker: Sets, Jibes, Trim, Take Down, Downwind Performance, Reachings & Roundings

PLEASE COMPLETE THIS SHORT
REGISTRATION FORM & BRING IT
WITH YOU TO THE SEMINAR!